

# Introduction To Health Services HS Introduction to Health Services/ Career Exploration: Health Educator May 11, 2020



### High School/Introduction to Health Services Lesson: Monday, May 11

## Objective/Learning Target: Describe the activities, responsibilities and training for a career as an Community Health Educator



**Warm Up #1** On a scale of 1 (no) to 5 (yes) rate yourself on how comfortable you are with public speaking?

**Warm Up #2** On a scale of 1 (no) to 5 (yes) rate yourself on how comfortable are you with dealing with individuals from different cultures?



Students in previous year's classes have answered:

**Warm Up #1** On a scale of 1 (no) to 5 (yes) rate yourself on how comfortable you are with public speaking?

Answers vary- but many people are not comfortable with this.

**Warm Up #2** On a scale of 1 (no) to 5 (yes) rate yourself on how comfortable are you with dealing with individuals from different cultures?

Answers vary- but most people are comfortable dealing with a variety of people.



#### **Lesson Activity Video Notes**

To begin, get out a blank sheet of paper and something to write with. In this part of the lesson, we will watch a short video that describes the work of the Community Health Worker.

Your task is to make a T-chart on your paper. Label the left side of the chart POSITIVES and the right side of the chart NEGATIVES. As you watch the video, take notes about the career in the appropriate columns.

When you are ready, click here to see the video: <u>Health Educators Career Video</u>



#### Lesson Activity - Duties of a Health Educator

In this part of the lesson, click this link to access the <u>BLS.gov website for this</u> <u>career</u>.

Look at the section marked *Duties*. In this section, there is a list of job duties. Your task is to look over the list for THREE that you would like to do- then list those on the POSITIVES column, then find any that you would not like to do, and list those under NEGATIVES.



#### Lesson Activity - Work Environment of a Health Educator

In this part of the lesson, click this link to access the <u>BLS.gov website for this</u> <u>career</u>.

Look at the section marked *Work Environment*. Look over the list of common work environments. Make notations to your T-chart regarding the kinds of places you might- or might not like to work.



#### Lesson Activity - How to Become Health Educator

In this part of the lesson, click this link to access the <u>BLS.gov website for this</u> <u>career</u>.

Look at the section marked *Education*. As you read this section make notes on your T-chart about what level of training you are willing to invest in this career versus what might be required. There are no right or wrong answers- just be honest with yourself.



#### Lesson Activity - How to Become Health Educator

In this part of the lesson, click this link to access the <u>BLS.gov website for this</u> <u>career</u>.

Look at the section marked *Licenses, Certifications and Registrations.* Read this section carefully and make notes on your T-chart regarding testing and certification. What level of training are you most interested in?



#### **Lesson Activity - Important Qualities**

In this part of the lesson, click this link to access the <u>BLS.gov website for this</u> <u>career</u>.

Look at the section marked *Important Qualities.* As you read this section, your task is to list those qualities that are strengths in the POSITIVE column, and those that you are not strong in under the NEGATIVES column. Again, be honest with yourself.



Lesson Activity - Pay

In this part of the lesson, click this link to access the <u>BLS.gov website for this</u> <u>career</u>.

Look at the section marked *Pay.* Look over the salary data. On your T-chart, add notes regarding what you feel would be acceptable pay for your efforts.

There are no right or wrong answers, be honest with yourself.



#### **Lesson Activity- Self Assessment**

At this point in the lesson, take a look at your t-chart. As usual, be honest with yourself and ask "is this a career that I am still interested in?"

If it is, take a look at the next few slides...



Area schools that offer training in Community Health Education:

Metropolitan Community College Community Health Worker Program

University of Missouri: Certified Health Education Specialist

Southern New Hampshire On-Line CHE Program